



CV of Aleksandra (a.k.a. Aleks) Luszczynska

Aleksandra Luszczynska, Ph.D.
 Professor of Psychology
 University of Social Sciences & Humanities (SWPS)
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&
 Associate Research Professor Adjoint at the Trauma, Health, & Hazards Center,
 University of Colorado at Colorado Springs
 1420 Austin Bluffs Pkwy,
 Colorado Springs, CO, 80933-7150, USA

Born: 1971, Gdansk, Poland

Professional Career

Since Oct 2009	Professor of Psychology, University of Social Sciences and Humanities, Wroclaw, Poland
Since Jan 2009	Associate Research Professor at Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, CO, USA
Jan 2008 -Dec 2008	Visiting professor at Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, CO, USA
Since Oct 20084	Associate Research Scholar (and Visiting Research Fellow), University of Sussex, School of Psychology
Oct 2005-Sept 2009	Associate professor, University of Social Sciences and Humanities, Wroclaw, Poland
2004- 2006	Lecturer in Psychology, Department of Psychology and Brighton and Sussex Medical School, University of Sussex, Brighton, United Kingdom
2003 - 2004	Alexander von Humboldt Fellow (Free University Berlin), Berlin, Germany
2002 - 2003	Visiting professor at Free University Berlin, Germany
2000 - 2004	Assistant professor; University of Warsaw, Faculty of Psychology

Citations Since 2004

Sum of total times cited: approx. 2300 (Web of Science) or 6600 (Publish or Perish)

h- index: 27 (Web of Science); h-index in Publish or Perish: 42

Education and Professional Titles

2009	Titular professor, honorific title awarded by President of Republic of Poland
2004	Habilitation (a post-doctoral degree, equivalent to DSc), University of Warsaw, Warsaw, Poland; (see http://en.wikipedia.org/wiki/Habilitation)
2000	Ph.D. in psychology University of Warsaw, Warsaw, Poland (Thesis: “Coping and sense of coherence as cognitive predictors of health among abused women”; supervisor: prof Kaz Wrzesniewski)
1996 -2000:	Doctoral student; University of Warsaw, Warsaw, Poland
1996	M.A in Psychology. ; University of Warsaw, Poland
1991-1996	5-year MA in psychology studies; University of Warsaw, Warsaw, Poland

Professional Activities - Elected Functions

2010-2014	President of Division of Health Psychology, International Association of Applied Psychology
2013-date	the Chair of Fellowship Committee, European Health Psychology Society
2006 -2010	President Elect of Division 8 (Health Psychology), International Association of Applied Psychology
2008 – date	extended Board Member, Stress and Anxiety Research Society
2002-2006:	secretary for the Health Psychology Division, International Association of Applied Psychology

Membership

European Health Psychology Society, European Society of Traumatic Stress Studies, International Association of Applied Psychology, Stress and Anxiety Research Society, Polish Psychological Association

Funded Research Projects (since 2002)

2015-2018	“Physical activity and health-related quality of life: dyadic research in the context of forming individual, dyadic, and collaborative plans”; funded by the National Science centre, Poland, 300 000 EUR
2013-2016	“The Joint Programming Initiative “A Healthy Diet for a Healthy Life” Knowledge Hub on “DEterminants of DIet and Physical Activity” (JPI HDHL DEDIPAC Knowledge Hub)”, a project of European Commission’s Joint Programming Initiative http://ec.europa.eu/research/era/joint-programming_en.html); consortium

- member and; Leader of the Polish team (funding obtained for the member's contribution: 71 000 EUR)
- 2012-2014 "Health behavior in the context of life cycle changes"; Foundation for Polish Science - Master Subsidies; (approx. 90 000 EUR)
- 2011-2015 "Self-regulation, macro-, and micro-environmental predictors of obesity among children: Testing ANGELO framework in child-parent dyad" (approx. 100 000 EUR) Polish Ministry of Science and Education
- 2011 "Why Polish women do not attend cervical cancer screening?" (12000 EUR), project funded by Siemens Healthcare Sector
- 2009-2013 European Union 7th Framework Collaborative Project, call identifier FP7-HEALTH-2007-3.3 – 1. Project number 223488; TEMPEST- Temptations to Eat Moderated by Personal and Environmental Self-Regulatory Tools. A. Luszczynska- leader of Work Package 4 (approx 2 400 000 EUR).
- 2007-2010 "The role of conscious self-regulatory processes in behavior change: effects of self-efficacy and implementation intentions" (approx 40 000 EUR); Polish Ministry of Science and Higher Education
- 2006/2007 Alexander von Humboldt Foundation grant for research collaboration with FU Berlin (4000 EUR)
- 2005/2006 Alexander von Humboldt grant (funded post-doc research with Dr Sonja Boehmer; "Effects of social-cognitive interventions on obesity-related behaviors among aging employees; 30 000 EUR)
- 2005 – Alexander von Humboldt Foundation grant for research collaboration with FU Berlin (2200 EUR)
- 2003 "Maintenance of Health Behavior Change and Recovery after Lapses: the Role of Social Cognitive Variables"; funded by Alexander von Humboldt Foundation; Amount 22 800 EUR
- 2002 "Planning and Phase-Specific Self-Efficacy on Maintenance of Health Behaviors. Measures" funded by Deutscher Akademischer Austausch Dienst; amount 3500 EUR

Awards and Distinctions

- 2015 Award (1st place) for research presented at 6th European Judo Union – Exhibition of Judo Research (together with Sterkowicz-Przybycien, Blecharz and Sterkowicz)
- 2014 Fellow of *International Association of Applied Psychology*
- 2010 Fellow of the *European Health Psychology Society*
- 2006 Citation Award, awarded by the *International Society of Behavioral Medicine*
- 2005 Award of Polish Academy of Science for Outstanding Young Psychologist (A. Malewski Award)
- 2004 - Early Career Award, *International Society of Behavioral Medicine*
- 2004- Early Career Award, *Stress and Anxiety Research Society*
- 2000 – Award of the Foundation for Polish Science
- 2000 – Award of the Chancellor of Warsaw University for doctoral dissertation
- 1999 – Award of George Soros "Open Society" Foundation
- 2002, 2004 - Award of Warsaw Scientific Society & Foundation for Polish Science

1994, 1995 - Awards of A. & T. Ginsberg Foundation

Editorial Activities

Current activities in journal from JCR

Editor in Chief	<i>Anxiety, Stress, & Coping</i> , 2014 IF = 1.78 (2008-date)
Editor in Chief	<i>Applied Psychology: Health and Well-Being</i> (2016-date), 2013 IF = 2.30
Review Editor	<i>Frontiers in Psychology: Personality and Social Psychology</i> (2016 – date)
Consulting Editor	<i>Health Psychology Review</i> (2005 - date)
Editorial Consultant	<i>Applied Psychology. An International Review</i> (2006-date)
International Advisory Board Member	<i>British Journal of Health Psychology</i> (2006 - date)
Editorial Board Member	<i>Psychology and Health</i> (2006- date)
Editorial Board Member	<i>Behavioral Medicine</i> (2012)
Editorial Board Member	<i>Journal of Health Psychology</i> (2012 – date)
Editorial Board Member	<i>European Journal of Psychotraumatology</i> (2010-date)

Current activities in other peer-reviewed journals

Editorial Board Member	<i>Polish Psychological Bulletin</i> (2006 - date)
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Past activities:

Consulting Editor -	<i>Anxiety, Stress, and Coping</i> (2004- 2008)
Associate Editor	<i>Applied Psychology: Health and Well-Being</i> (2008-2015), 2013 IF = 2.30

ad hoc reviewer in JCR journals and international publishers:

American Journal of Preventive Medicine
American Journal of Public Health
Annals of Behavioral Medicine
Appetite
Applied Psychology
Applied Psychology: health and Well-Being
Behavior Research Methods
Behavioral Medicine
BMC Public Health
BMC Urology
British Journal of Health Psychology
British Journal of Nutrition
British Journal of Social Psychology
Canadian Journal of Behavioral Sciences
Cognition and Emotion

Depression Research and Treatment
European Journal of Public Health
European Journal of Social Psychology
European Journal of Sport Science
Health education and Behavior
Health Education Research
Health Psychology
Health Psychology Review
International Journal of Behavioral Medicine
International Journal of Environmental Research and Public Health
International Journal of Occupational Medicine and Environmental Health
International Journal of Psychology
Journal of Adolescent Health
Journal of Aging and Physical Activity
Journal of American Pharmacists Association
Journal of Anxiety Disorders
Journal of Applied Social Psychology
Journal of Behavioral Medicine
Journal of Early Adolescence
Journal of Health Psychology
Journal of Nervous and Mental Disease
Journal of Physical Activity & Health
Journal of Psychosomatic Research
Nicotine & Tobacco Research
Obesity Reviews
Personality and Individual Differences
PLOS One
Preventive Medicine
Psychology of Sport and Exercise
Psycho-Oncology
Rehabilitation Psychology
Review of General Psychology
Social Behavior and Personality
Social Science and Medicine
Western Journal of Nursing Research
Women and Health
Women's Health Issues
World Development

Book reviewer for: *Elsevier, Palgrave-Macmillan*

Other Professional Services

Scientific Committee Membership:

European Health Psychology Society Conference (2010, Cluj-Napoca, Romania;);

Stress and Anxiety Research Society Conference (2010, Galway, Ireland; 2012, Palma de Mallorca, Spain 2016, Zagreb, Croatia),
International Congress of Applied Psychology (2006; Athens, Greece; 2010 Melbourne, Australia)

EHPS Fellowship Committee (2012-2017): Chair of the Committee

Scientific Committee Chair 26th Conference of the European Health Psychology Society, Prague, Czech Republic, 2012

Conference Track Chair: European Health Psychology Society Conferences (2007, Maastricht, Holland; 2009 Pisa, Italy; 2010, Cluj-Napoca, Romania; 2014, Innsbruck, Austria)

Promotion Committees- Reviewer Department of Psychology, Tel Aviv University, Israel; Ruppin Academic Center, Israel; Ariel University, Israel, University of Social Sciences and Humanities, Warsaw, Poland; Department of Psychology, Warsaw University, Warsaw, Poland; University of Sydney, Australia; Deakin University, Australia

Council Member – Foundation for Polish Science, Poland (2016-2020)

Expert Services

European Commission Expert since 2012- Directorate General for Research and Innovation, Directorate F-Health, evaluator of 7th European Framework Projects, evaluator of HORIZON 2020 research projects (e.g., PHC 5 – 2014: Health promotion and disease prevention: translating ‘omics’ into stratified approaches; PHC-04-2015: Health promotion and disease prevention: improved inter-sector co-operation for environment and health based interventions;

European Research Council ERC Grant Panel Member

Expert/Referee for Research Councils Medical Research Council, United Kingdom
Research Grants Council Hong Kong
French National Research Agency
National Science Foundation, USA

Expert Committee Member National Science Center (NCN), Poland, Programs Harmonia and Opus (since 2013)

Invited/Keynote Lectures

- 1) Luszczynska, A. (2016, June). Brief psychosocial interventions promoting adherence to physical activity and nutrition guidelines among women at risk for or with cardiovascular diseases. 3rd Cardiofemme Conference, Haifa, Israel.

- 2) Luszczynska, A. (2016, June). *Meet the editor*. Invited lecture at Department of Psychology, Bar Ilan University, Ramat Gan, Israel.
- 3) Luszczynska, A. (2015, May). *Good practices in developing health behavior change interventions*. Keynote at the 10th Biannual Polish Health Psychology Conference, Gdansk, Poland.
- 4) Luszczynska A., (2014, July). *Cognitions, environment, and obesity-related behaviors*. The keynote at the 28th International Congress of Applied Psychology, Paris, France.
- 5) Luszczynska, A., (2014, May). *Self-efficacy and its role in the sport context*. The keynote on the 1st Conference on Psychological Determinants in Sports Career Developments. University School of Sport and Physical Education in Cracow and Polish University Sports Association, Cracow, Poland.
- 6) Luszczynska, A. (2014, February). *Health behavior change interventions lost in translations: burning issues and the way forward*. The keynote at the 11th Conference of Australasian Society of Behavioral Health and Medicine, Auckland, New Zealand.
- 7) Luszczynska, A. (2012, March). *The role of self-efficacy in explaining health and health-related behaviors: Contexts of chronic illness, age, and social environment*. A THHC brown bag lecture, University of Colorado at Colorado Springs, CO, USA
- 8) Luszczynska, A. (2011, May). *Health behaviors change in life cycle*. Keynote Address at the 7th Polish Health Psychology Conference, Lodz, Poland.
- 9) Luszczynska, A. (2011, October). *The role of social-cognitive variables in explaining health and health behaviors*. Department of Psychology, University of Zurich, Switzerland.
- 10) Luszczynska, A. (2010, July). *Explaining health and health behaviors: Self-efficacy combined with social and cognitive predictors*. Divisional Keynote Address. The International Congress of Applied Psychology, Melbourne, Australia.
- 11) Luszczynska, A. (2007, November). *Automaticity and self-regulation in adolescents' exercise*. Invited lecture. Freie Universitaet Berlin, Germany.
- 12) Luszczynska, A. (2006, February). *Social-cognitive predictors of health behavior maintenance and recovery after lapses*. Invited Lecture. Social and Health Psychology Unit, the University of Southampton, United Kingdom.
- 13) Luszczynska, A. (2006, April). *Breaking bad news: effects on patients, their families and medical doctors*. Postgraduate Education Centre of the Eastbourne District of National Health Service, The District General Hospital, Eastbourne, United Kingdom.
- 14) Luszczynska, A. (2005, June). *Social-cognitive predictors of health behavior maintenance and recovery after lapses*. Invited Lecture. The Institute of Public Health, the University of Cambridge, United Kingdom.
- 15) Luszczynska, A. (2002, June). *Self-regulatory cognitions in the change of health behavior: the role of phase self-efficacy*. Invited lecture. The First European Conference on Social Roles, Stress and Health. Las Palmas, Spain.

Publications

Papers since 2000, published in Journals included in the Web of Science, Journal Citations Reports; supervised and co-supervised students underlined

- 1) Luszczynska, A. (2002). Sense of coherence and smoking in a sample of abused women. *Psychological Reports, 90*, 1123-1128.
- 2) Luszczynska, A. & Schwarzer, R. (2003). Planning and self-efficacy in the adoption and maintenance of breast self-examination: A longitudinal study on self-regulatory cognitions. *Psychology & Health, 18*, 93-108.
- 3) Luszczynska, A., Gibbons, F. X., Piko, B. F., & Tekozel, M. (2004). Self-Regulatory Cognitions, Social Comparison, Perceived Peers' Behaviors as Predictors of Nutrition and Physical Activity? *Psychology and Health, 19*, 577-593.
- 4) Luszczynska, A., Gutiérrez-Doña, B., Diehl, M., Kuusinen, P., & Schwarzer, R. (2004). Measuring one component of dispositional self-regulation: Attention control in goal pursuit. *Personality and Individual Differences, 37*, 555-566.
- 5) Luszczynska, A. (2004). Change of breast self-examination: The effects of intervention on enhancing self-efficacy. *International Journal of Behavioural Medicine, 11*, 95-103.
- 6) Lippke, S., Sniehotta, F. F., & Luszczynska, A. (2005). Social cognitions across the stages of behavior change. A comparison of two stage models. *Polish Psychological Bulletin, 36*, 43-50.
- 7) Luszczynska, A., Gutiérrez-Doña, B., & Schwarzer, R. (2005). General self-efficacy in various domains of human functioning: evidence from five countries. *International Journal of Psychology, 40*, 80-89.
- 8) Piko, B. F., Luszczynska, A., Gibbons, F. X., & Tekozel, M. (2005). A culture-based study of personal and social influences of adolescent smoking. *The European Journal of Public Health, 15*, 393-398.
- 9) Sniehotta, F. F., Luszczynska, A., Scholz, U., & Lippke, S. (2005). Discontinuity Patterns in the Precaution Adoption Process Model: Meat Consumption during a Livestock Epidemic. *British Journal of Health Psychology, 10*, 221-235.
- 10) Luszczynska, A., & Schwarzer, R. (2005). The Multidimensional Health Locus of Control: Critical comments on construct and its measure. *Journal of Health Psychology, 10*, 633-642.
- 11) Schwarzer, R., Boehmer, S., Luszczynska, A., Mohamed, N. E., & Knoll, N. (2005). Dispositional Self-Efficacy as a Personal Resource Factor in Coping after Surgery. *Personality and Individual Differences, 39*, 807-818.
- 12) Luszczynska, A., Mohamed, N. E., & Schwarzer, R. (2005). Self-efficacy and social support predict benefit finding 12 months after cancer surgery: The mediating role of coping. *Psychology, Health and Medicine, 10*, 365-375.
- 13) Luszczynska, A. & Cieslak, R. (2005). The role of perceived social support, hardiness and emotional reactivity in managerial stress. *Anxiety, Stress and Coping, 18*, 227-244.
- 14) Luszczynska, A., Scholz, U., Schwarzer, R. (2005). The general self-efficacy scale: Multicultural validation studies. *Journal of Psychology, 139*, 439-457.
- 15) Luszczynska, A. (2006). An implementation intentions intervention, the use of planning strategy, and physical activity after myocardial infarction. *Social Science and Medicine, 62*, 900-908.
- 16) Boehmer, S., & Luszczynska, A. (2006). Two kinds of items in quality of life instruments: "indicator" and "causal" variables. *Quality of Life Research, 15*, 131-141
- 17) Schwarzer, R., Luszczynska, A., Boehmer, S., Taubert, S., & Knoll, N. (2006). Characteristics and consequences of benefit finding after cancer surgery. *Social Science and Medicine, 63*, 1614-1624.

- 18) Luszczynska, A., & Sutton, S. (2006). Physical activity after cardiac rehabilitation: Evidence that different types of self-efficacy are important in maintainers and relapsers. *Rehabilitation Psychology, 51*, 314-321.
- 19) Luszczynska, A., Gregajtys, A., & Abraham, C. (2007). Effects of a Self-Efficacy Intervention on Initiation of Recommended Exercises in Patients With Spondylosis. *Journal of Aging and Physical Activity, 15*, 26-40
- 20) Luszczynska, A., Mazurkiewicz, M., Ziegelman J. P., & Schwarzer, R. (2007). Recovery self-efficacy and intention as predictors of running: A cross-lagged panel analysis over a two-year period. *Psychology of Sport and Exercise, 8*, 247-260.
- 21) Ziegelmann, J., Luszczynska, A., Lippke, S., & Schwarzer, R. (2007). Are goal intentions or implementation intentions better predictors of behavior? *Rehabilitation Psychology, 52*, 97-102.
- 22) Luszczynska, A., Sarkar, Y., & Knoll, N. (2007). Received social support, self-efficacy, and finding benefits in disease as predictors of physical functioning and adherence to antiretroviral therapy. *Patient Education and Counseling, 66*, 37-42
- 23) Boehmer, S., Luszczynska, A., & Schwarzer, R. (2007). Coping and quality of life after tumor surgery: Personal and social resources promote different domains of quality of life. *Anxiety, Stress, and Coping, 20*, 61-75.
- 24) Knoll, N., Kleinle, R., Bauer, K., Pfüller, B., & Luszczynska, A. (2007). Affect and enacted support in couples undergoing in-vitro fertilization: When providing is better than receiving. *Social Science and Medicine, 64*, 1789-1801.
- 25) Schwarzer, R., Shuey, B., Ziegelmann, J. P., Lippke, S., Luszczynska, A., & Scholz, U., (2007). Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. *Annals of Behavioral Medicine, 33*, 156-166.
- 26) Luszczynska, A., Sobczyk, A., & Abraham, C. (2007). Planning to lose weight: Randomized controlled trial of an implementation intention prompt to enhance weight reduction among overweight and obese women. *Health Psychology, 26*, 507-512
- 27) Cieslak, R., Knoll, N., & Luszczynska, A. (2007). Reciprocal Relations among Job Demands, Job Control and Social Support Moderated by Neuroticism: A Crossed-Lagged Analysis. *Journal of Vocational Behavior, 71*, 84-96.
- 28) Luszczynska, A., Gerstorf, D., Knoll, N., Boehmer, S., & Schwarzer, R. (2007). Patients' coping profiles and partners' support provision. *Psychology and Health, 22*, 749-764.
- 29) Luszczynska, A., & Gunson, K. S. E. (2007). Predictors of asking medical personnel about handwashing: The moderating role of patients' age and MRSA infection status. *Patient Education and Counseling, 68*, 79-85.
- 30) Luszczynska, A., Boehmer, S., Knoll, N., Schulz, U., & Schwarzer, R. (2007). Emotional Support for Men and Women with Cancer: Do Patients Receive What Their Partners Provide? *International Journal of Behavioral Medicine, 14*, 156-163.
- 31) Luszczynska, A., Tryburcy, M., & Schwarzer, R. (2007). Improving Fruit and Vegetable Consumption: A Self-Efficacy Intervention Compared to a Combined Self-Efficacy and Planning Intervention. *Health Education Research, 22*, 630-638.
- 32) Luszczynska, A., Scholz, U., & Sutton, S. (2007). Planning to change diet: A controlled trial of an implementation intentions training intervention to reduce saturated fat intake among patients after myocardial infarction. *Journal of Psychosomatic Research, 63*, 491-497.

- 33) Schwarzer, R., Luszczynska, A., Ziegelmann, J. P., Scholz, U., & Lippke, S. (2008). Social cognitive predictors of physical adherence: Three longitudinal studies in rehabilitation. *Health Psychology, 27* (1, Suppl), S54-S63.
- 34) Schwarzer, R., & Luszczynska, A. (2008). How to overcome health-compromising behaviors: The Health Action Process Approach. *European Psychologist, 13*, 141-151.
- 35) Luszczynska, A., & Tryburcy, M. (2008). Effects of a self-efficacy intervention on exercise: The moderating role of diabetes and cardiovascular diseases. *Applied Psychology, 57*, 644-659.
- 36) Lis-Turlejska, M., Luszczynska, A., Plichta, A., & Benight, C.C. (2008). Jewish and non-Jewish World War II Child and Adolescent Survivors at 60 Years After War: Effects of Parental Loss and Age at Exposure on Well-being. *American Journal of Orthopsychiatry, 78*, 369-377.
- 37) Luszczynska, A., Benight, C. C., & Cieslak, R. (2009). Self-efficacy and health-related outcomes of collective trauma: A systematic review. *European Psychologist, 14*, 49-60.
- 38) Luszczynska, A., Benight, C., Cieslak, R., Kissinger, P., Reilly, K.H., Clark, R.A. (2009). Self-efficacy mediates effects of exposure, loss of resources, and life stress on posttraumatic distress among trauma survivors. *Applied Psychology: Health and Well-Being, 1*, 73-90.
- 39) Luszczynska, A., Cieslak, R. (2009). Mediated Effects of Social Support for Healthy Nutrition: Fruit and Vegetable Intake Across 8 Months After Myocardial Infarction. *Behavioral Medicine, 35*, 30-38.
- 40) Dombrowski, S., & Luszczynska, A. (2009). The interplay between conscious and automatic self-regulation and adolescents' physical activity: the role of planning, intentions, and lack of awareness. *Applied Psychology, 59*, 257-273.
- 41) Cieslak, R., Benight, C.C., Schmidt, N., Luszczynska, A., Reilly, K. H, Clark, R. A., & Kissinger, P. (2009). Predicting Posttraumatic Growth among Hurricane Katrina Survivors Living With HIV: The Role of Self-Efficacy, Social Support, and PTSD Symptoms. *Anxiety, Stress, and Coping, 22*, 449-462.
- 42) Scholz, U., Nagy, G., Goehner, W., Luszczynska, A., & Kliegel, M. (2009). Changes in self-regulatory cognitions as predictors of changes in smoking and low-fat diet. *Psychology and Health, 24*, 545-561.
- 43) Kline, R., Luszczynska, A., Pfüller, B., Knoll, N. (2009). Appraisal Detection Bias and Well-being in Close Relationships: Couples experiencing assisted reproduction treatment. *Applied Psychology: Health and Well-Being, 1*, 165-187.
- 44) Webb, T. L., Sheeran, P., & Luszczynska, A. (2009). Planning to Break Unwanted Habits: Habit Strength Moderates Implementation Intention Effects on Behaviour Change. *British Journal of Social Psychology, 48*, 507-523.
- 45) Luszczynska, A. Haynes, C., (2009). Changing Nutrition, Physical Activity, and Body Weight Among Student Nurses and Midwives: Effects of a Planning Intervention and Self-Efficacy Beliefs. *Journal of Health Psychology, 14*, 1075-1084.
- 46) Piko, B. F., Skultéti, D., Luszczynska, A., & Gibbons, F. X. (2010). Social Orientations and Adolescent Health Behaviors in Hungary. *International Journal of Psychology, 45*, 12-20. doi: 10.1080/00207590903030279
- 47) Turner, S. A., Luszczynska, A., Warner, L. M., & Schwarzer, R. (2010). Emotional and uncontrolled eating styles and chocolate chip cookie consumption: A controlled trial of the effects of positive mood enhancement. *Appetite, 54*, 143-149.
- 48) Luszczynska, A., Cao, D. S., Mallach, N., Pietron, K., Mazurkiewicz, M., & Schwarzer, R. (2010). Intentions, Planning, and Self-Efficacy Predict Physical Activity in Chinese and

- Polish Adolescents: Two Moderated Mediation Analyses. *International Journal of Clinical and Health Psychology*, 10, 265-278.
- 49) Luszczynska, A., Goc, G., Scholz, U., Kowalska, M., & Knoll, N. (2011). Enhancing Intentions to Attend Cervical Cancer Screening With a Stage-Matched Intervention. *British Journal of Health Psychology*, 16, 33-46. DOI:10.1348/135910710X499416
- 50) Kwiatkowska M., Knysz, B., Gasirowski, J., Luszczynska, A., & Gladysz, A (2011). The role of mechanisms of buffeting anxiety in HIV carriers. A study within the terror management theory paradigm. *Advances in Hygiene and Experimental Medicine*, 65, 133-142.
- 51) Luszczynska, A., Schwarzer, R., Lippke, S., & Mazurkiewicz, M. (2011). Self-efficacy as a moderator of the planning-behaviour relationship in interventions designer to promote physical activity. *Psychology & Health*, 26, 151-166. Doi 10.1080/08870446.2011.531571
- 52) Safron, M., Cislak, A., Gaspar, T., & Luszczynska, A. (2011). Effects of school-based interventions targeting obesity-related behaviors and body weight change: A systematic umbrella review. *Behavioral Medicine*, 37, 15-25. DOI: 10.1080/08964289.2010.543194
- 53) Knoll, N., Burkert, S., Luszczynska, A., Roigas, J., Gralla, O. (2011). Predictors of Support Provision: A Study with Couples Adapting to Incontinence Following Radical Prostatectomy. *British Journal of Health Psychology*, 16, 472-487. Doi: 10.1348/135910710X522860
- 54) Cieslak, R., Benight, C. C., Luszczynska, A., & Laudenslager, M. (2011). Longitudinal Relationships Between Self-Efficacy, Posttraumatic Distress, and Salivary Cortisol among Motor Vehicle Accident Survivors. *Stress & Health*, 27, e261-e268. DOI: 10.1002/smi.1379
- 55) Schwarzer, R., Lippke, S., & Luszczynska, A. (2011). Mechanisms of Health Behavior Change in Persons With Chronic Illness or Disability: The Health Action Process Approach (HAPA). *Rehabilitation Psychology*, 56, 161-170. doi: 10.1037/a0024509
- 56) Kesebir, P., Luszczynska, A., Pyszczynski, T., Benight, C. (2011). Posttraumatic Stress Disorder Involves Disrupted Anxiety-Buffer Mechanisms. *Journal of Social and Clinical Psychology*, 30, 819-841. 10.1521/jscp.2011.30.8.819
- 57) Safron, M., Cislak, A., Gaspar, T., & Luszczynska, A. (2011). Micro-environmental characteristics related to body weight, diet, and physical activity of children and adolescents: A systematic umbrella review. *International Journal of Environmental Health Research*, 21, 317-330. DOI:10.1080/09603123.2011.552713
- 58) Abdollahi, A., Pyszczynski, T., Maxfield, M., & Luszczynska, A. (2011) Posttraumatic Stress Reactions as a Disruption in Anxiety-Buffer Functioning: Dissociation and Responses to Mortality Salience as Predictors of Severity of Post-traumatic Symptoms. *Psychological Trauma: Theory, Research, Practice, and Policy*, 3, 329-341. Doi 0.1037/a0021084
- 59) Luszczynska, A., Durawa, A., Scholz, U., & Knoll, N. (2012). Empowerment beliefs and intention to uptake cervical cancer screening: Three psychosocial mediating mechanisms. *Women & Health*, 52, 162-181. Doi: 10.1080/03630242.2012.656187
- 60) Cislak, A., Safron, M., Pratt, M., Gaspar, T., & Luszczynska, A. (2012). Family-related predictors of body weight and weight-related behaviors among children and adolescents: A systematic umbrella review. *Child: Care, Health & Development*, 38, 321-333. Doi: 10.1111/j.1365-2214.2011.01285.x
- 61) Burkert, S., Knoll, N., Luszczynska, A., & Gralla, O. (2012). The interplay of dyadic and individual planning of pelvic-floor exercise in prostate-cancer patients following radical prostatectomy. *Journal of Behavioral Medicine*, 35, 305-317. doi: 10.1007/s10865-012-9416-2
- 62) Luszczynska, A., & Abraham C. (2012). Reciprocal relationships between three aspects of physical self-concept, vigorous physical activity, and lung function: A longitudinal study

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